

# BODY BY ZACK BOOTY BOOTCAMP

A PRIVATE RESIDENT EVENT

*Your \$399 body scan — free when you show up.*

## SAVE THE DATE

DATE

[ FILL IN ]

TIME

[ FILL IN ]

WHERE

[ FILL IN ]

RSVP AT [ LINK / EMAIL / APP ]

*Class is free. Scan is free when you attend.*

Residents only · Limited capacity · All levels welcome

*Bring your favorite yoga mat if you've got one.*

# BODY BY ZACK BOOTY BOOTCAMP

RESISTANCE BAND • LOWER-BODY WORKOUT

*Your \$399 body scan — free when you show up.*

## 01

### THE CLASS

*45 minutes. Resistance bands. A pump you'll feel tomorrow.*

## 02

### THE \$399 SCAN

*DEXA-level body composition. Complimentary — only if you attend.*

## 03

### BANDS PROVIDED

*Five resistance levels — ready for you. All levels welcome.*

## 04

### YOUR RESULTS, 1-ON-1

*Five private minutes with Zack. The numbers most people never see.*

## YOU SHOW UP. THAT'S IT.

*Class is free. Scan is free when you attend.*

RSVP • [ LINK / EMAIL / APP ] • [ DATE ] • [ TIME ] • [ WHERE ]

*Bring your favorite yoga mat if you've got one.*

# BODY BY ZACK BOOTY BOOTCAMP

A PRIVATE RESIDENT EVENT

*A \$399 body scan.  
Free — only for the room.*

**45**

MINUTE CLASS

**\$399**

SCAN INCLUDED

**1:1**

RESULTS REVIEW

RSVP · RESIDENTS ONLY · LIMITED CAPACITY

DATE

[ FILL IN ]

TIME

[ FILL IN ]

WHERE

[ FILL IN ]

RSVP AT [ LINK / EMAIL / APP ]

*Wear what you'd work out in. Bring a water bottle — and your favorite yoga mat if you've got one.*